



VISIT OUR COMMUNITY PAGE FOR MORE INFORMATION:

- Where to participate in E3 Initiatives
- Find the monthly Dining Calendar
- Take the E3 Zone Survey & submit YOUR E3 toward Intentional Living



Intentional Living with the Power of E3

EAT

What we eat is so important to our daily, physical and mental performance.

ENERGY

How we find our physical drive is a key element to building our endurance for a healthy lifestyle.

EMPOWER

Taking an active role in how we participate in life and be social, contributes to our own agility and well-being.

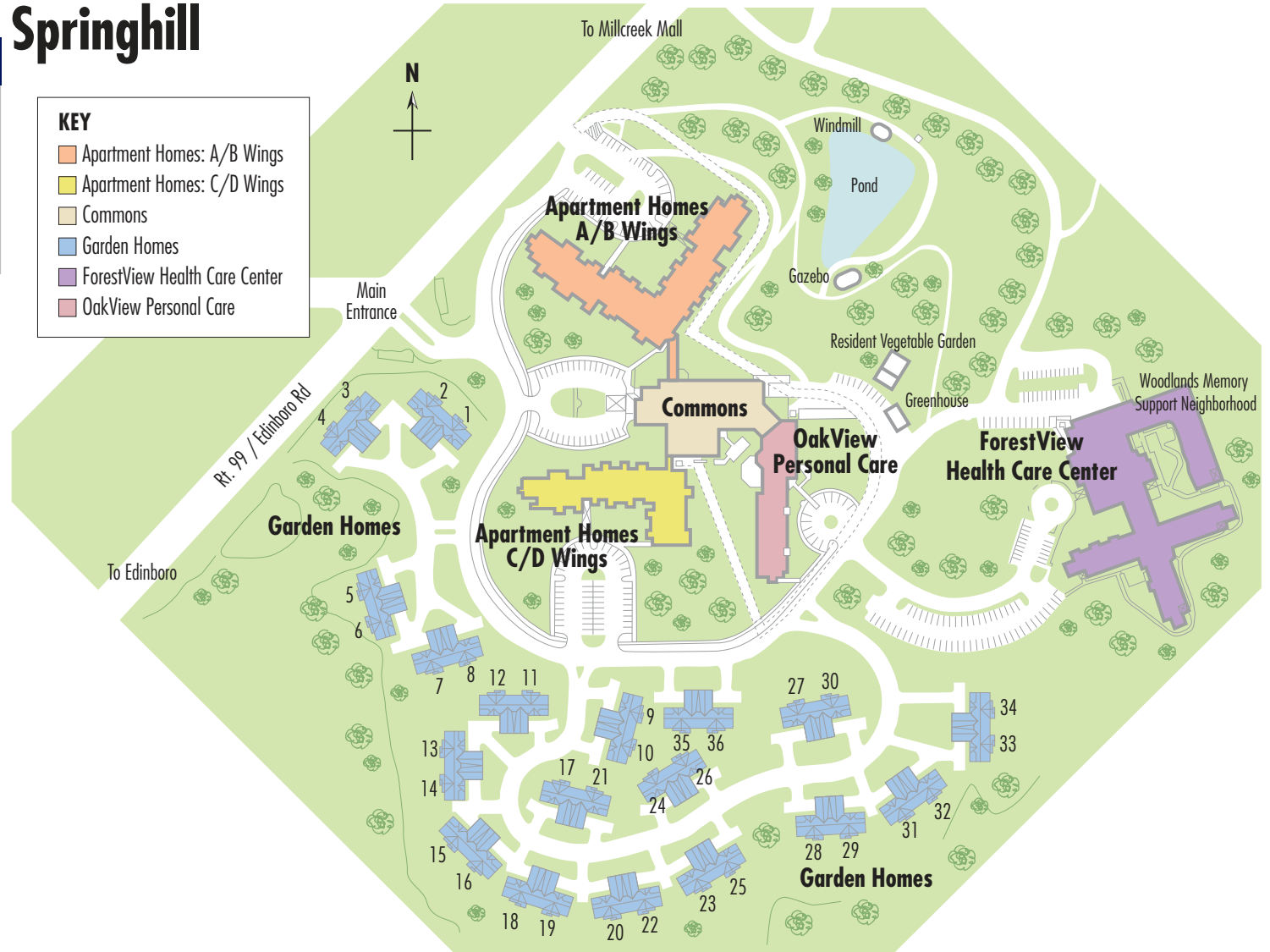
Springhill


E³ KEY FOR ENGAGEMENT


-  Dining Venues
Culinary Events
-  Physical Activity
Resident Clubs
-  Social and Cultural Events
Resident Clubs
-  E3 Kiosk

KEY

-  Apartment Homes: A/B Wings
-  Apartment Homes: C/D Wings
-  Commons
-  Garden Homes
-  ForestView Health Care Center
-  OakView Personal Care



-  Four Seasons
 - Dining Room
 - Bar

-  Peaceful Nature Trails
Aquatic and Fitness Center
Greenhouse and Community Garden
Billiards
Social and Cultural Events
Horseshor Pit

-  Niagra Lounge
Social and Cultural Events
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